

The only way to get better at volleyball is to play the game and work on the skills. The best way to speed up the process is with quality coaching. The volleyball camps at V.I.P. do both. Some of the best coaches from Dallas Summit and Dallas Premier will be helping you get the touches on the ball you need to achieve your goals.

We will be offering the following V.I.P. camps this summer:

General Skills – This camp will be for the athlete who wishes to work on every aspect of the game. The camp will focus on passing, serving, hitting, defense, transition movement, and conditioning. This camp is suitable for advanced and beginner athletes.

Ball Control – This camp will focus on passing, defense, and serving. Ball control is invaluable and is the base of every other skill. We will teach technique, attitude, and strategy. This camp is suitable for advanced and beginner athletes.

Offense – This camp is for the setters and the hitters. We will teach form and strategy for both positions. The focus will be on correct technique and combining the two positions to simulate real game situations. This camp is suitable for advanced and beginner athletes.

Advanced Positions – This camp will focus on the individual positions: Middle, Setter, Outside, Right Side, and Libero. This camp is for the advanced athlete.

Volleyball Institute of Plano
1909 10th St., Suite 400
Plano, TX 75074



Summer Programs

Make sure that you are staying active and your improvement doesn't stop after club season. Throughout June and July, V.I.P. is offering Camps, Clinics, and Leagues to help get you ready for your school year.

For more information see the additional flyers at V.I.P. or go to the following web sites:

www.volleyballplano.com

www.dallaspremier.org

www.dallas-summit.com

Or you can email questions to:

vip.camps@hotmail.com

For more information see the additional flyers at V.I.P. or go to the following web sites:

www.volleyballplano.com

www.dallaspremier.org

www.dallas-summit.com

Or you can email questions to:

vip.camps@hotmail.com

Online registration will have an option to sign up for multiple programs at once and will have an option to pay online.

Look inside for more opportunities this summer!

V.I.P Camps with our best coaches

Summer Leagues for your teams

Team Camps for your school teams

Back to School camps to get you ready for tryouts

All Star College Coaches camp with some of the best Division I coaches in the country

Summer Leagues

June 16th – July 21st \$600 per team 7p-10p
7th-9th grade Mondays and 10th-12th Tuesdays
One night a week, V.I.P. will be hosting a summer league. Each team will play two matches and referee one match per night. Up officials will be provided. This will be a great opportunity to get ready for the school season with your school team or to have one last go around with the friends you made during the club season.

Team Camps

V.I.P. is proud to offer team camps for your high school. Every school has a camp in the summer for its athletes. V.I.P. will offer our gym space and our coaches to help get your team ready for the season. Your team can do a camp through your high school or through a representative from your team. The camp can be three or four days and can start at a time best suited to your team's needs. Price is negotiable and we will listen to requests on staff. Please email vip.camps@hotmail.com for more information.

All Star College Coaches Camp

June 11-14 \$250 9a-4p 1 hour lunch at 12p
We are very excited to present our first college coaches camp. We are proud to welcome Jim Barnes from Baylor, Rob Patrick from Tennessee, Joe Getzin from Ole' Miss, and Nick Cheronis from Florida to V.I.P. this summer. The camp will focus on all the skills of the game and all of the content will be developed and conveyed by four of the best coaches in the country. High School coaches are welcome to attend, observe, and talk with the coaches during the lunch hour.

V.I.P. Camp Schedule

June 4-6, 9a-12p, Offense Camp I
June 9-10, 9a-2p*, Ball Control Camp I
June 20-21, 9a-2p*, General Skills I
June 23-24, 9a-2p*, Advanced Positions I
July 8-10, 9a-12p, Offense Camp II
July 14-15, 9a-2p*, Advanced Positions II
July 17-18, 9a-2p*, General Skills II
July 21-23, 9a-12p, Offense Camp III
July 24-25, 9a-2p*, Ball Control II

*All two day camps will have a ½ hour lunch break at 11:30. Food will not be provided.

Most camps are open to athletes entering 6th grade up to athletes entering 12th grade. The advanced Positions camps are not available to athletes entering 6th and 7th grade.

Each camp is only \$150.

High School: Back to School Camp

July 28-31 \$200 9a-12p
V.I.P. will be hosting a back to school camp for High School age Athletes. This camp will be a great opportunity to tighten all skills in preparation for tryouts. The camp will focus on positional training, form, general skills, and tryout strategies.

Middle School: Back to School Camp

August 11-14 9a-12p & 18-21 6p-9p
\$200 each V.I.P. will be hosting two back to school camps for Middle School age Athletes (entering 6th-8th). These camps will be a great opportunity to tighten all skills in preparation for tryouts. The camps will focus on positional training, form, general skills, and tryout strategies.